# Through the Ear to the Heart Sing the Music of St. Hildegard of Bingen



#### A contemplative practice in the medieval oral tradition Open to everyone who enjoys singing

St. Hildegard of Bingen (1098-1179) was a Benedictine Abbess, visionary, healer, naturalist, poet, playwright, and counselor. She was also a brilliant composer. Her songs are beautiful, inspiring, and encoded with mystical wisdom and insight. Experience Hildegard's music the way she shared it with the women and men who sang with her, in a relaxing, nourishing process of listening and singing together 'through the ear to the heart.'

### Winter 2025 (all listings are Pacific Time Zone) In Person - First and Third Mondays 6:45-8:00 pm

Church of the Incarnation, 550 Mendocino Ave, Santa Rosa CA 95401 Please enter through the front doors of the church. Please wear a mask when entering and leaving (available at the door). Masks optional while we're singing. *In Person Meeting Dates:* December 30 (celebrate the coming New Year)

January 20 February 3 and 17 March 3 and 17

## On Zoom - Second and Fourth Mondays 6:45-8:00 pm

Zoom Meeting Dates:

December 23 January 13 and 27 February 10 and 24 March 10 and 24

## On Zoom - Second and Fourth Tuesdays 5:45-6:45 pm

Zoom Meeting Dates: December 24, Christmas Eve January 14 and 28 February 11 and 25 March 11 and 25

No experience or musical training required. Drop-ins & newcomers always welcome. Donations gratefully accepted. Zoom links: info@singhildegard.com **Devi Mathieu** has been singing and teaching the music of St. Hildegard for more than 20 years. A singer of medieval and contemporary music in the US and Europe, she has a lifelong love of sacred music from around the world. Visit her at www.singhildegard.com and www.coldmountainmusic.com. 12/20/24