

# Through the Ear to the Heart

## Sing the Music of St. Hildegard of Bingen



A contemplative practice in the medieval oral tradition  
Open to everyone who enjoys singing

St. Hildegard of Bingen (1098-1179) was a Benedictine Abbess, visionary, healer, naturalist, poet, playwright, and counselor. She was also a brilliant composer.

Her songs are beautiful, inspiring, and encoded with mystical wisdom and insight. Experience Hildegard's music the way she shared it with the women and men who sang with her, in a restful, nourishing process of listening and singing together 'through the ear to the heart.'

**Autumn 2024** (all listings are Pacific Time Zone)

**In Person - First and Third Mondays 6:45-8:00 pm**

Church of the Incarnation, 550 Mendocino Ave, Santa Rosa CA 95401

Please enter through the front doors of the church. Please wear a mask when entering and leaving (available at the door). Masks optional while we're singing.

*In Person Meeting Dates:* Oct 7 and 21

Nov 4 and 18

Dec 2 and 16

*plus Dec 30 to celebrate the coming new year*

**On Zoom - Second and Fourth Mondays 6:45-8:00 pm**

*Zoom Meeting Dates:* Oct 14 and 28

Nov 11 and 25

Dec 9 and 23

**On Zoom - Second and Fourth Tuesdays 5:45-6:45 pm**

*Zoom Meeting Dates:* Oct 15 and 29

Nov 12 (*not Nov 26*)

Dec 10 and 24

No experience or musical training required. Drop-ins & newcomers always welcome. Donations gratefully accepted. [info@singhildegard.com](mailto:info@singhildegard.com)

**Devi Mathieu** has been singing and teaching the music of St. Hildegard for more than 20 years. A singer of medieval and contemporary music in the US and Europe, she has a lifelong love of sacred music from around the world. Visit her at [www.singhildegard.com](http://www.singhildegard.com) and [www.coldmountainmusic.com](http://www.coldmountainmusic.com).

10/2/24